Goals & Objectives of Opioid Treatment

Goals of Opioid Treatment:
1) reasonably attainable improvement in pain, function and quality of life
2) improvement in pain-associated symptoms such as sleep disturbance, depression and anxiety
3) avoidance of unnecessary or excessive use of medications
4) develop a patient who can physically and mentally function, carry on activities of daily living, and achieve a quality of life.

Objectives of Opioid Treatment:
1) achieve enough pain relief to leave the bed and couch and carry on activities of daily living including dressing, hygiene, diet, reading, ambulation, and socialization
2) cease emergency visits to hospitals and physicians for pain medication
3) cease use of alcohol, cocaine, methamphetamine, marijuana, heroin, and other non-labeled or illegal substances for pain relief
4) normalize blood pressure, pulse rate, sleeping pattern, and hormone abnormalities
5) alleviate pain caused by autoimmune or degenerative disorders
6) increase physical ability to participate in exercise and rehabilitation of nonfunctional and damaged body parts
7) develop the desire, energy, and motivation to achieve a quality of life which may include marital, family, religious, vocational, and social activities or hobbies
8) achieve a feeling of happiness and hopefulness for the future.

Patient Name (Print): ___________________________________________________________

Patient Signature: ___________________________________ Date: _______________